

GET INVOLVED

YOU CAN HELP US BY:

LISTEN | RESPECT | PRAY

We are looking for
new volunteers to
join our team



IF YOU:

- Have a couple of hours each week
- Enjoy meeting others
- Have a non-judgemental attitude
- Are a relational person
- Appreciate the gift of active listening
- Are able to pray with people if requested

If you would like more information, please get in touch. We provide training to equip and prepare our volunteers for the role.



JOINING OUR TEAM OF 100+ VOLUNTEERS



SUPPORTING US FINANCIALLY



RECEIVING REGULAR NEWS & UPDATES



PRAYING FOR OUR WORK

We rely on regular donations to continue our life-changing work.

Please please visit our website to donate online **www.gtcc.org.uk/donate** or text **70085** using the code **ANGEL** and the amount e.g. **ANGEL20**.



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Registered Charity number: **1126056**

Registered Company number: **06639603**

volunteerchaplains

gtcc
Guildford Town Centre Chaplaincy

www.gtcc.org.uk



ABOUT VOLUNTEER CHAPLAINS

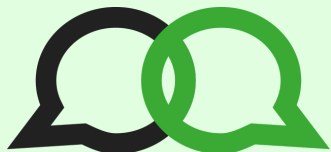
The volunteer chaplains project is run by Guildford Town Centre Chaplaincy which was established by the Christian churches of the town in 2008.

Each of our trained volunteers are assigned to a specific setting, which could be anything from a GP Surgery to a high street retailer. They will usually give a few hours each week, listening to others of any faith or none.



They provide pastoral and spiritual support with staff, patients or clients depending on the placement.

We all struggle at times with different kinds of loss, financial worries, job insecurities or the stresses of everyday life. Our chaplains are here for those moments and ready to listen.



MEET OUR CHAPLAINS

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"It is the most wonderful role with lots of opportunities to connect with people from all walks of life. There is a huge need ...sometimes just 'listening' can be that light in a very dark place."
- ANNIE



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"This is probably one of the best things I do in any given week. I count it a great privilege to be able to listen to people's stories and concerns. To pray with them if they wish and give space to share in a safe space."
-NOELLE



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"The lovely thing is that so many want to chat. It may be for just a few minutes or it may be for more than an hour. We cover everything from work and family issues to health and faith. The bottom line is - I am there to listen - and to listen sympathetically and without judging. I simply love what I do. The people I meet are dedicated, professional and a joy to know."
- RUSS



WHY CHAPLAINCY?



Having Chaplaincy available in different settings can help people to:

- Manage challenges with personal and social situations at work
- Reduce stress and anxiety
- Provide care unlike any other agency, offering impartial friendship and support
- Reduce progression to psychosomatic symptoms and breakdowns
- Access other services through signposting



Chaplaincy in GP Surgeries has been found to:

- improve the quality of life of patients and their families
- improve wellbeing in patients comparable to that of antidepressants
- reduce the need for GP appointments

